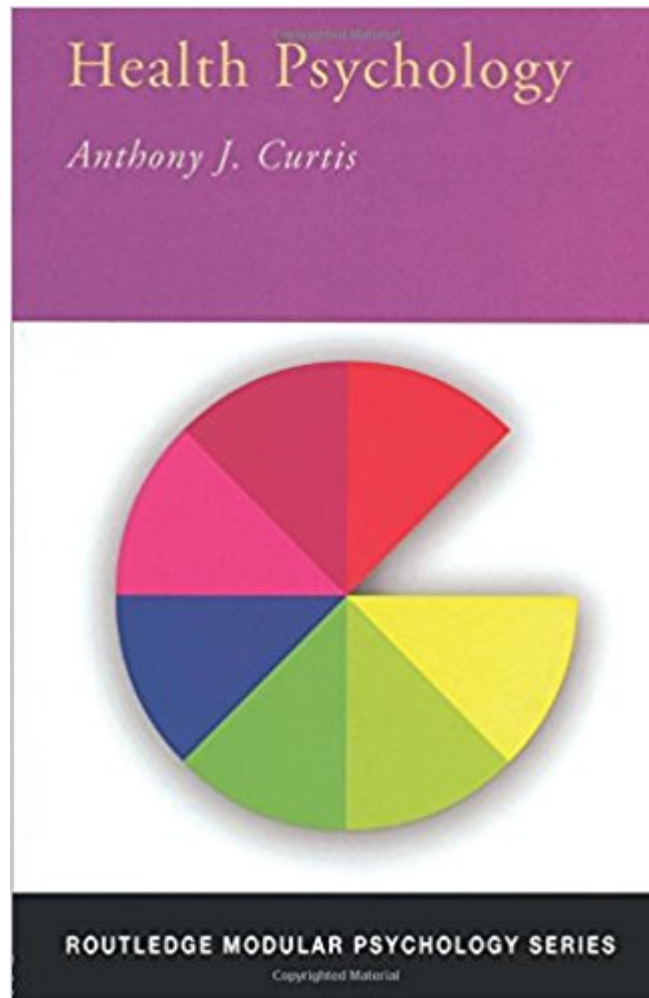




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This simple and concise introduction to the psychology of health is the perfect text for students new to the area. Topics covered include health policy and epidemiology, genetic factors in disease, the experience of illness as a patient, beliefs and attitudes, stress, pain and healthy lifestyles.

Book Information

Series: Routledge Modular Psychology

Paperback: 208 pages

Publisher: Routledge; 1 edition (February 4, 2000)

Language: English

ISBN-10: 0415192730

ISBN-13: 978-0415192736

Product Dimensions: 5.1 x 0.5 x 7.8 inches

Shipping Weight: 3.5 ounces (View shipping rates and policies)

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